



Northern Nevada Early Stage & Care Partner Support Group for Alzheimer's Disease and Related Dementias

The Early Stage Support Groups are for persons in the early stages of Alzheimer's disease or a related disorder. An Early Stage Support Group offers information, emotional support, and socialization among peers who face similar circumstances, in a tolerant and accepting atmosphere.

Frequent group topics include: Strategies for coping with loss of memory and other changes, challenges to independence (loss of license, etc.), changes in family relationships, community resources, and feelings about diagnosis and symptoms.

The Early Stage Care Partner Support Groups are for family members and loved ones of persons attending an Early Stage Support Group. There may be questions about safety, family issues, and concern for the future. For these reasons, a care partner support group meets in a nearby room. In this group, families and loved ones share their experiences and ideas. They also receive information about Alzheimer's disease progression and supportive services that may be helpful. From time to time these groups may have guest speakers on topics of interest.



- > **The Alzheimer's Association will schedule a pre-assessment with those interested in participating in the support group. The cost of the 8 week series is \$80 per person, however, scholarships are available on a case by case basis.**
- > **If you have questions or you are interested in participating in the Early Stage & Care Partner Support Group please contact Heidi Slater at 775.786.8061 or email heslater@alz.org.**